



April 10, 2015

The Peterborough Council on Aging, through its Age-Friendly Peterborough Committee, is working to create an Age-Friendly Plan for the Greater Peterborough Area.

The committee is following a process established by the World Health Organization to identify issues, priorities, and service gaps of older adults and develop strategies to support active and healthy aging.

As part of this process the committee is requesting that interested members of the community participate in focus groups to discuss about what we, as a community, are doing well and what we could be doing better to support our aging population.

Focus groups are anticipated to be two and a half [2.5] hours long and will cover 8 topic areas:

- Outdoor Spaces and Buildings
- Housing
- Transportation
- Community Support and Health Services
- Civic Participation and Employment
- Communication and Information
- Social Participation
- Respect and Social Inclusion

The feedback provided will be used to develop a baseline assessment of how age-friendly the Greater Peterborough Area is today and identify what could help make it more age-friendly in the future.

Any individuals or groups interested in taking part in a focus group are asked to contact Sarah Cullingham, Age-Friendly Coordinator. Further information about this project can be found on the Peterborough Council on Aging website at: <http://peterboroughcouncilonaging.ca/>

Sincerely,

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