



City of
Peterborough

To: **Members of the Arenas Parks and Recreation Advisory Committee**

From: **Rob Anderson, Recreation Division Coordinator**

Meeting Date: **March 19, 2019**

Subject: **Report APRAC19-005
Older Adult Recreation, Leisure, and Facilities Study**

Purpose

A report to inform that Age-friendly Peterborough is conducting research into the recreation and leisure needs of the Peterborough Region's population aged 50+ years, through a presentation by the project consultant, Laridae.

Recommendations

That the Arenas Parks and Recreation Advisory Committee approve the recommendations outlined in Report APRAC19-005 dated March 19, 2019, of the Recreation Division Coordinator, as follows:

- a) That a presentation from Laridae, on Age-friendly Peterborough's study on the recreation and leisure needs of the Peterborough region's population aged 50+ years be received for information; and
- b) That the members of the Arenas Parks and Recreation Advisory Committee provide input to the study, as requested by Laridae.

Budget and Financial Implications

There is no budget or financial implication resulting from the approval of the recommendation of Report APRAC19-005.

Background

Age-friendly Peterborough is conducting research into the recreation and leisure needs of our region's population aged 50+ years. The study area includes the City and County of Peterborough, and Hiawatha and Curve Lake First Nations.

The project includes a comprehensive review and needs assessment, focusing on engaging key stakeholder groups and the general public within the 50+ age category.

The information gathered will:

- Support a strategy for older adult recreation and leisure services and facilities that evaluates current and potential resources to better support older adults in our communities
- Increase opportunities for those aged 50+ to participate in recreation and leisure activities by addressing barriers to participation

This study has been made possible through support from the United Way Peterborough & District.

The project Consultant, Laridae will attend the March 19, 2019 Arenas Parks and Recreation Advisory Committee (APRAC) meeting to provide an overview of the project, the work conducted to date, and to seek input from APRAC.

Submitted by,

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Recreation Division Coordinator

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