



Peterborough

FAMILY HEALTH TEAM



Background

- Established in 2005, we were one of the first Family Health Teams in the province
- We are funded by the Ministry of Health & Long Term Care, and with the passing of the Patients First Act we have accountabilities to the CE LHIN
- We have an annual budget of \$10.2 million, and 85% of that is Human Resources
- We work with 115,000 rostered patients, 91 family physicians, 12 medical residents and employ 100 staff
- We are in 20 locations throughout Peterborough City and County and are one of the only communities in the province with the majority of residents in our care

Unattached Patients

- In 2018 we opened two clinics for unattached patients, which means that NO resident of Peterborough City or County are without access to Primary Care
 - Virtual Care Clinic located at 185 King Street
 - PFHT Clinic located in Lakefield
- These two clinics provide comprehensive primary care and are being used as a physician recruitment tool
- PFHT is keeping a list of patients and will provide this information to a new physician along with their medical chart
- Patients of these two clinics have access to all of our programs and services

Visit Summary	PVCC	PFHTC	TOTAL
# Visits	680	512	1172
# Visits - GP Psychotherapist	9		9
Avg # visits per day	10.8	9.7	
Avg # no shows/cancellations per day	1.8	1.3	

People Presenting at Clinics	PVCC	PFHTC	TOTAL
Unattached	496	446	942
Attached	130	44	174
• PFHT Provider	15	16	31
• External - Ptbo Resident	99	17	116
• External - Fleming Student	3	1	4
• External - Trent Student	5	9	14
• Ptbo 360 NP-Led Clinic	5		5
• Keene NP-Led Clinic			
• Other	2	1	3
• Refused to disclose	1		1
• Seasonal (PFHTC only)		38	38
TOTAL	626	528	1154

Unattached Age Analysis	PVCC	PFHTC	TOTAL
Under 18	17	37	54
18-24	45	32	77
25-34	58	71	129
35-44	69	69	138
45-54	102	53	155
55-64	81	96	177
65-74	81	48	129
75+	42	37	79

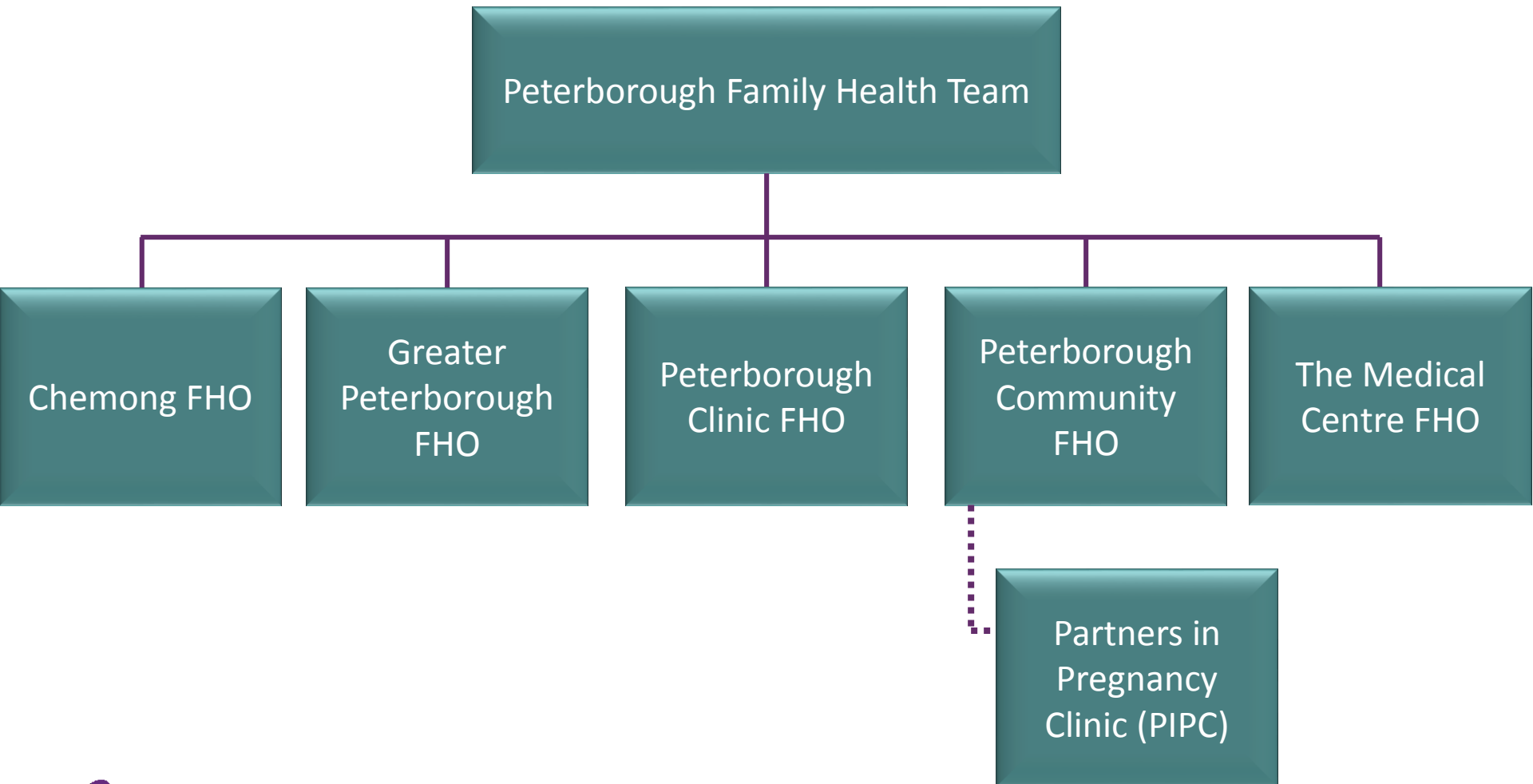
If this clinic was not available, where would people have gone for care:	PVCC	PFHTC	TOTAL
Nowhere	87	214	301
Other VCC	24		24
Other Walk-in	128	71	199
ER Department	207	147	354
Outside of city/county	28		28
TOTAL	474	432	906

Health System Cost Savings - ER Diversion	Estimated Cost Savings
\$234.00 per ER visit*	\$82,836.00

*Only includes nursing, diagnostic and therapeutic services, administration and overhead costs

# Linkages/Referrals	PVCC	PFHTC	TOTAL
Cancer Screening	54	38	92
CCRC Counselling	1	3	4
CMHA Mental Health	12	4	16
Dental			
Diagnostic Imaging/Ultrasound	77	60	137
Food			
Foot Care			
Fourcast		3	3
GAIN Clinic	3		3
Geriatric Emerg Nurse			
Home and Community Care		2	2
John Howard Society		1	1
Lab Services	206	153	359
LHIN Physio (includes other Physio)		5	5
LHIN Self-Management Workshops			
LHIN Total Contact Casting			
LHIN Wound Care		1	1
OTN Telehomecare (COPD or CHF)			
OTN Telemed Psych			
PARN	1		1
PASE Clinic		1	1
PFHT CHF Workshop			
PFHT Clinical Support Services (CSS)		2	2
PFHT Craving Change™		2	2
PFHT Diabetes Prevention Workshop	3	1	4
PFHT FHT to Quit Smoking Cessation	4	4	8
PFHT Heart Health Workshop	1		1
PFHT INR Clinic	2		2
PFHT MBCT/Mindfulness	12	6	18
PFHT Sleepless in Peterborough (CBT-I)	3	2	5
PFHT Trans Care Clinic	4		4
PPH Immunization			
PPH Sexual Health Clinic			
PRHC Diabetes Education Centre	5	2	7
PRHC Psych	14	2	16
PRHC Women's Health Centre			
Ptbo 360 NP-Led Clinic			
RAAM Clinic	2		2
Social Services			
Specialist	128	83	211
Victim Services			
YWCA/Crossroads			
TOTAL	478	337	815

Organization Breakdown



FHT vs FHO

- **Family Health Team (FHT)** incorporates a multidisciplinary team of mental health clinicians, nurse practitioners, pharmacists, a physician assistant, registered dietitians, registered nurses, & registered practical nurses. These professionals add to the care patients receive and provide further access to their primary care.
- **Family Health Organization (FHO)** incorporates a minimum of 3 primary care physicians and offer regular and extended hours to patients. Each FHO has their own agreement and operate independently of the FHT.

PFHT Programs & Services

Mindfulness & Mindfulness Based Cognitive Therapy (MBCT): for patients experiencing - or at risk of relapse for – depression, and/or for those who have struggled with long-term anxiety.

Craving Change: helping patients learn why they eat the way they do, explore the relationships they have with food, and uncover that there is more to food than nutrition.

PFHT Programs & Services

Heart Health Workshop: teaching patients about lifestyle choices to manage cholesterol, blood pressure, and reduce the risk of heart disease.

Diabetes Prevention Workshop: teaching patients about lifestyle choices to help reduce their risk of developing diabetes.

Congestive Heart Failure Workshop: teaching patients about lifestyle choices and medications to manage Congestive Heart Failure.

PFHT Programs & Services

FHT to Quit: helping patients quit smoking by creating individualized plans, while being supported by our pharmacists offering cessation medication and counsellors offering additional support.

INR (Anticoagulation) Clinic: our pharmacists manage the therapy for patients taking the anti-coagulant warfarin using point of care technology.

PFHT Programs & Services

Trans Care Clinic: a unique clinic that closes a gap in care for transgender patients in the Peterborough County. Offers counseling support, medication treatment initiation, hormone monitoring, and additional services as required.

Clinical Support Services: helping patients navigate the local healthcare system, specifically those who have COPD, are frequent ED users, and/or have encountered health equity barriers.

Physician Recruitment

- We estimate that there are at least 6,500 residents of Peterborough City & County who are not “attached” to a primary care provider, while these patients are able to get care through one of our two clinics that is not a permanent solution
- Recruitment needs to continue for the foreseeable future due to the projected growth of our community as well as the many pending retirements of our existing providers
- In the next five years we are aware of 16 potential retirements affecting 24,000 patients

Physician Recruitment

- The average practice size is decreasing due to more emphasis on work/life balance; therefore more physicians will be required than are retiring
- Our greatest asset our the 12 Queen's Medical Residents that spend two years in our community for their residency
- In 2018 4 full-time and 6 part-time physicians were recruited to the City of Peterborough and 2 full-time to the County

Physician Recruitment

Thank you for your continued support! Our 2019 budget request remains unchanged from 2018.

Physician Recruitment Budget Request	
January 1, 2019 - December 31, 2019	
	Budget
Expenses	
Salaries	\$25,000.00
Website, Publicity & Advertising	\$3,000.00
Cell Phone	\$500.00
Goodwill	\$500.00
Accommodations for prospective physicians	\$500.00
Job Fairs	\$6,095.00
Total Expenses	\$35,595.00
City of Peterborough Funding (58.62%)	\$20,866.00
County of Peterborough Funding (41.38%)	\$14,729.00
	\$35,595.00

Questions

