Community Food Security Programs affiliated with the Peterborough County City Health Unit

City of Peterborough & Peterborough County

January 2012

This report is limited to participatory Community Food Security Programs where community members are involved in growing, cooking, and procuring food. It does not include community meal programs or food banks.

Program	Host Agency	Numbers Served	Community Partners	Funding		
FOOD NETWORKS						
Community Food	Peterborough	Over 70 members		Staffing:	PCCHU core budget: Medical Officer of Health/ Public	
Network – coordinates	County-City	representing education,			Health Nutritionist	
community food	Health Unit	health, agriculture, social				
program work plan. This	(PCCHU)	services, faith		Other Funding	: Healthy Communities Food Policy Grant:	
network is part of the		communities and people			\$4,000.00 (2011 completed contract position)	
Peterborough Poverty		with lived experience.				
Reduction Network.						
Peterborough	Peterborough	400 people are members	City of Peterborough,	Staffing:	Trillium Grant: Project Coordinator housed at	
Community Garden	Green-Up	of the PCGN. There were	Collaborative Agreement		Peterborough Green-up	
Network (PCGN) –		16 active community	between Peterborough			
"Cultivating Resilient &		gardens in 2011. One	Green-up, Fleming			
Vibrant Communities One		community garden is in	College, PCCHU, YWCA	Funding:	Three year Trillium grant \$191,000.00 total from July	
Garden At A Time"		Peterborough County.	Peterborough, Victoria		2011 to June 2014 (includes salary)	
			and Haliburton			
FOOD PROGRAMS						
Come Cook with Us –	PCCHU	In 2011, 181 Come Cook	Community organizations	Staffing:	PCCHU core budget: Community Worker	
Free weekly cooking		with Us classes were held	that reach priority			
classes offered for 4 to 6		with 492 participants with	populations of people	Funding	PCCHU core budget funds food, gift cards, child care,	
weeks to people living		a total attendance of	living on low incomes		room rentals, and supplies for Come Cook with Us series	
on low incomes or living		1837. Of the total classes	and/or in isolation.		in City and County; one School for Young Mom	
in isolation.		offered, 50 were held in	Supports School for Young		series/year; and Collective Kitchen support as needed.	
		Peterborough County.	Moms annual Come Cook		Budget \$65,000 in 2011. (salary not included)	

			with Us series. Cooking takes place in churches and community centres.	Other Funding:	A second Community Worker position from Food Security Community Partnership Project. Healthy Communities grants via community partners for food, child care and rental costs totaled \$3,992.00.
Collective Kitchens – Participants join monthly cooking sessions to cook food in bulk for families and roommates.	PCCHU	In 2011, there were 18 Collective Kitchens with 127 regular members cooking meals monthly. The members prepared 5,328 meal portions. Of the total number of collective kitchens, five ran in Peterborough County.	Faith communities and community organizations.	Staffing: PO Other Funding:	CCHU core budget: Community Worker PCCHU Community Worker solicits funds from Faith community and local organizations to pay for food used in cooking program. Local church kitchens and community centres are used to cook in.
YWCA Food Programs JustFood Box - affordable, nutritious food boxes available	YWCA Peterborough, Haliburton & Victoria	In 2011, 5,703 JustFood boxes were purchased. These boxes provided food for 9811 adults and	Urban and rural community organizations working with individuals and families living on low	(\$	WCA core budget with support from United Way 58,000): Community Development supervisor; Food ction workers and food packers
twice a month. Community Gardens – Supports four communities with their community gardens.		4792 children. Ninety- seven percent of the boxes were at the subsidized rate. Of the total boxes purchased, 2263 boxes were sold in Peterborough County.	income, two schools, one hospitality business and community members in various neighbourhoods. Packing is done at the Morrow building and Trinity United Church.	-	 WCA funds food, transportation and supplies. Budget 109,300 /year (salary not included). \$50,000 OMAFRA grant to increase reach to local farmers (ends September 2011); \$47,000 user fees, \$9,700 Healthy Communities Funds for subsidies and some transportation costs.

Peterborough Eats – a	Community	In 2010 about 50 people	Peterborough Public	Staffing:	Sales from the Café and Catering generally cover COIN	
training enterprise made	Opportunities &	benefitted from Job	Library.		staff costs. Trainees are normally funded through ODSP.	
up of a café, catering	Innovation	training through	Ministry of Community			
and craft food products.	Network (COIN)	Peterborough Eats	and Social Services.	Funding:	(core to agency) COIN receives United Way core agence	
People with		Initiatives. The	Community Living.		funding.	
employment barriers are		Peterborough Eats Café				
trained in the three		had \$50,000 in revenue.		Other Fundi	ng: Trainees in the program are in receipt of ODSP,	
enterprises. The café is					COIN receives re-imbursement through ODSP.	
located in the					OMAFRA funding for marketing Peterborough	
Peterborough Public					EATS label.	
Library. The catering is					City of Peterborough Community Grant provided	
operated out of Knox					\$9000 to Peterborough EATS.	
Street United Church.						

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Salv. Army Brk-8:45- 9:45 Salv.Army Food Bank 1-4pm Good Neighbours-10- 2 (Sherbrooke St.) Supper-Brock Mission (Murray St.) 5-6 pm St. Vincent Food Bank-9-12 (256 Murray St)	2 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 Supper Club-4:30-7pm- CMHA 160 Charlotte St. Lower-Cost \$3.00 Brk & Lunch-Our Space St. Vincent Food Bank- 12-3 (256 Murray St)	3 Salv. Army Brk-8:45- 9:45 Good Neighbours-10-2 Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space St. Lukes food bank 9-12 St. Vincent Food Bank- 12-3 (256 Murray St)	4 Brk & Lunch-Our Space Brunch-St. Johns 10:30-1:00pm Family Dinner - Games & Movie- Murray St. Baptist 4-7 pm Out of the Cold- Stone School- Open 2-7 pm St. Vincent Food Bank-9-11:30 (256 Murray St)
5 St. Paul's (Murray/Water) Hot Supper-5:00 pm Hot Break-Murray St. Baptist 8-9:30 Brk & Lunch -Our Space	6 Salv. Army Brk 8:45- 9:45 Good Neighbours 10- 2 Salv.Army Food Bank 1-4pm Brk & Lunch-Our Space Supper-Brock Mission (Murray St.) 5-6 pm	7 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space	8 Salv. Army Brk-8:45- 9:45 Salv.Army Food Bank 1-4pm Good Neighbours-10- 2 (Sherbrooke St.) Supper-Brock Mission (Murray St.) 5-6 pm St. Vincent Food Bank-9-12 (256 Murray St)	9 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 Supper Club-4:30-7pm- CMHA 160 Charlotte St. Lower-Cost \$3.00 Brk & Lunch-Our Space St. Vincent Food Bank- 12-3 (256 Murray St)	10 Salv. Army Brk-8:45- 9:45 Good Neighbours-10-2 Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space St. Lukes food bank 9-12 St. Vincent Food Bank- 12-3 (256 Murray St)	11 Brk & Lunch-Our Space Brunch-St. Johns 10:30-1:00pm Out of the Cold- Stone School- Open 2-7 pm St. Vincent Food Bank-9-11:30 (256 Murray St)
12 ^{St.} Paul's (Murray/Water) Hot Supper-5:00 pm Hot Break-Murray St. Baptist 8-9:30 Brk & Lunch -Our Space	13 Salv. Army Brk 8:45- 9:45 Good Neighbours 10- 2 Salv.Army Food Bank 1-4pm Brk & Lunch-Our Space Supper-Brock Mission (Murray St.) 5-6 pm	14 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space	15 Salv. Army Brk-8:45- 9:45 Salv. Army Food Bank 1-4pm Good Neighbours-10- 2 (Sherbrooke St.) Supper-Brock Mission (Murray St.) 5-6 pm St. Vincent Food Bank-9-12 (256 Murray St)	16 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 Supper Club-4:30-7pm- CMHA 160 Charlotte St. Lower-Cost \$3.00 Brk & Lunch-Our Space St. Vincent Food Bank- 12-3 (256 Murray St)	17 Salv. Army Brk-8:45- 9:45 Good Neighbours-10-2 Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space St. Lukes food bank 9-12 St. Vincent Food Bank- 12-3 (256 Murray St) St. Stephen's Supper (St. Paul St) Pasta Supper- 5:30 pm	18 Brk & Lunch-Our Space Brunch-St. Johns 10:30-1:00pm Out of the Cold- Stone School- Open 2-7 pm St. Vincent Food Bank-9-11:30 (256 Murray St) St. Lukes supper- 5pm
19 ^{St.} Paul's (Murray/Water) Hot Supper-5:00 pm Hot Break-Murray St. Baptist 8-9:30 Brk & Lunch -Our Space	20 Family Day Brk & Lunch-Our Space	21 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space	22 Salv. Army Brk-8:45- 9:45 Salv.Army Food Bank 1-4pm Good Neighbours-10- 2 (Sherbrooke St.) Supper-Brock Mission (Murray St.) 5-6 pm St. Vincent Food Bank-9-12 (256 Murray St)	23 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 Dinner & Movie (CMHA)4:30 -8pm Cost \$3.00 Brk & Lunch-Our Space St. Vincent Food Bank- 12-3 (256 Murray St)	24 Salv. Army Brk-8:45- 9:45 Good Neighbours-10-2 Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space St. Lukes food bank 9-12 St. Vincent Food Bank- 12-3 (256 Murray St) St. Alban's (Monaghan Rd) Spaghetti Dinner- 5:00-6:30- <u>also</u> have gluten free	25 Brk & Lunch-Our Space Brunch-St. Johns 10:30-1:00pm Out of the Cold- Stone School- Open 2-7 pm St. Vincent Food Bank-9-11:30 (256 Murray St)
26 ^{St.} Paul's (Murray/Water) Hot Supper-5:00 pm Hot Break-Murray St. Baptist 8-9:30 Brk & Lunch -Our Space	27 Salv. Army Brk 8:45- 9:45 Good Neighbours 10- 2 Salv.Army Food Bank 1-4pm Brk & Lunch-Our Space Supper-Brock Mission (5-6)	28 Salv.Army Food Bank 1-4pm Supper-Brock Mission (Murray St.) 5-6 pm Brk & Lunch-Our Space	29 Salv. Army Brk-8:45- 9:45 Salv.Army Food Bank 1-4pm Good Neighbours-10- 2 (Sherbrooke St.) Supper-Brock Mission (Murray St.) 5-6 pm St. Vincent Food Bank-9-12 (256 Murray St)		Our Space Drop In 574 George St. Open 10-4 Food in Ptbo <u>www.pcchu.ca/food</u>	
<u>Veggie Works</u> - Cooking Club- Call 742-8945	<u>Youth Cooking</u> <u>Class</u> -St. John's- Thurs 5 pm	<u>YES shelter food</u> <u>bank</u> 16-24 yr. Olds and families that stayed there <u>only</u> . Tues/Wed/Thurs- 12-5 pm. 8-10 pm other days.	Come Cook with Us- Ptbo Health Unit. Call 743-1000 Ext. 335 to book. Salvation Army <u>Fresh Produce Box-</u> 3 rd Wed. of month- \$10.00	<u>YWCA- Staples/Fresh</u> <u>Produce Boxes</u> <u>Staples-3rd Wed. of month</u> <u>Produce-4th Wed. of month. Call-743-3526</u>	SOS Cuisine Website- soscuisine.com (local grocery specials and recipes) The Loft-Youth Space 13-18 yrs. Mon/Tues/Thurs 2-6 (175 Murray St)	City of Peterborough, Social Services