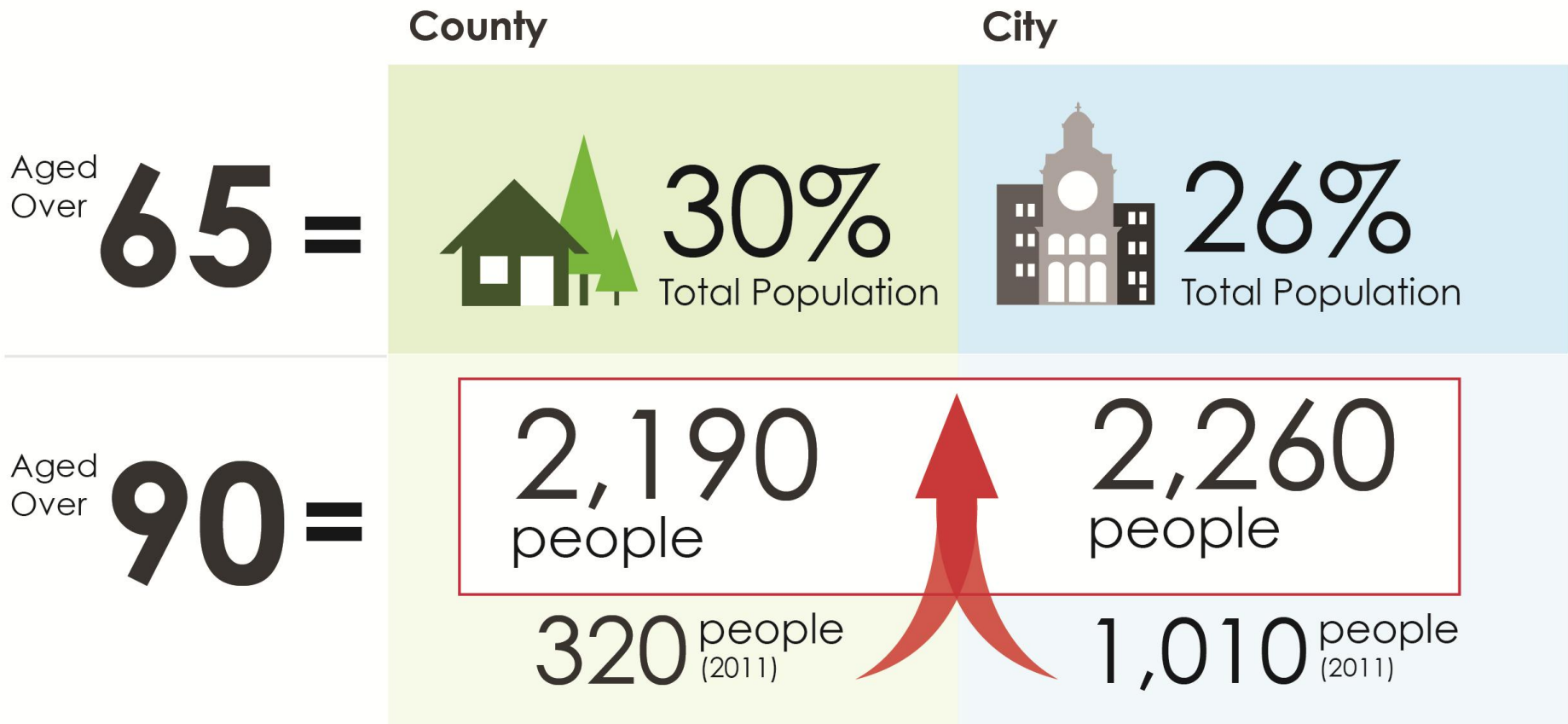# Age-friendly Peterborough 2017 Community Action Plan

Presentation to City of Peterborough Committee of the Whole

February 27, 2017

Our Aging Population

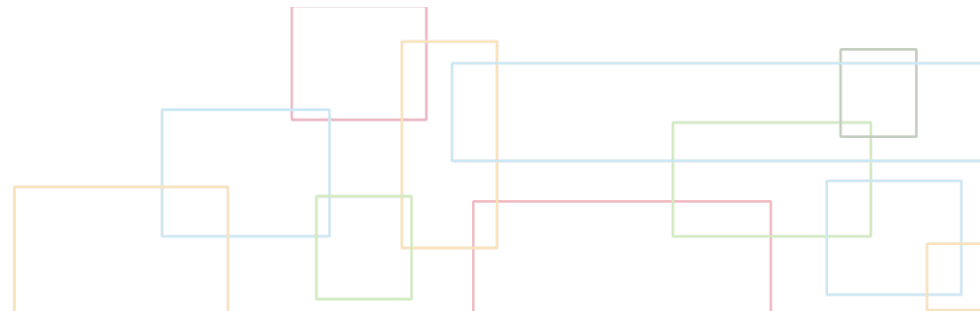|	County	City
Aged Over **65** =	**30%** Total Population	**26%** Total Population
Aged Over **90** =	**2,190** people 320 people (2011)	**2,260** people 1,010 people (2011)

Age-friendly Communities

The WHO has been supporting the development of Age-friendly Communities around the world since 2007.

Age-friendly communities recognize older adults as an asset, and provide programs and services that enable everyone, from the very young to the very old, to enjoy a good quality of life.

WHO Global Network for Age-friendly Cities and Communities

Age-friendly Theme Areas

Community Support and Health Services

Housing

Transportation

Outdoor Spaces and Buildings

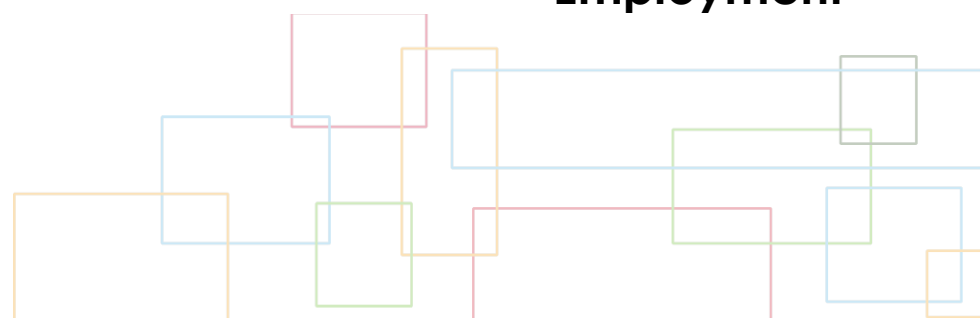**Respect and Social Inclusion**

Social Participation

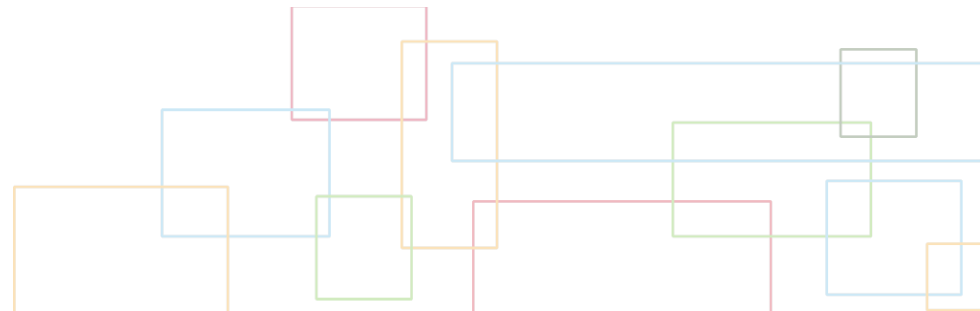**Communication and Information**

Civic Participation and Employment

Council Motion

"That the process of applying for membership to the World Health Organization Global Network of Age-friendly Cities and Communities, and associated requirements to develop a 3-year Age-friendly Plan, be approved, including letters of endorsement from the Mayor, Warden, and City and County CAO's."

City of Peterborough Council Motion: 10/03/2014

Plan Development

Winter 2014:
Council Resolution

Fall 2014:
Background
Research

Winter 2015:
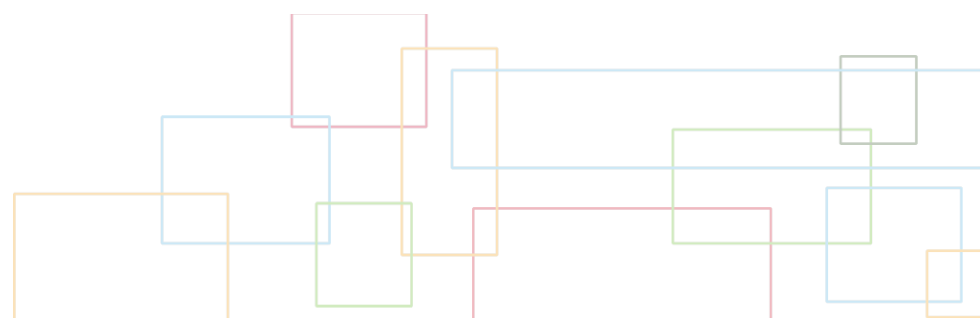Community
Consultations

Spring 2016:
Baseline Report
Published

Summer-Fall 2016:
Draft AFP Action
Plan revised and
refined

Winter 2017:
Final Draft AFP
Plan presented
to councils

2014

2017

Consultation Process

1,127 Survey Responses

269 Focus Group Participants
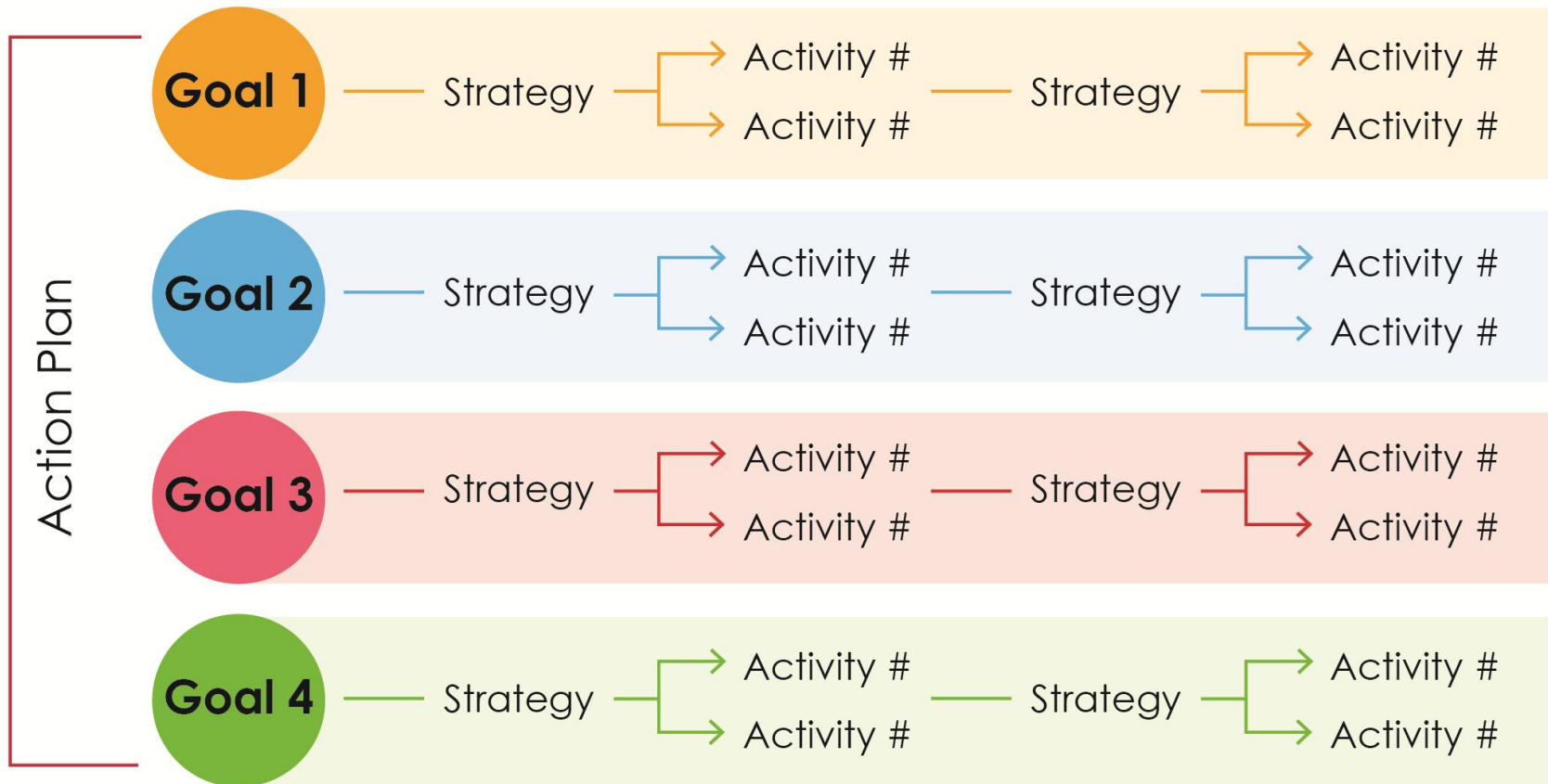
Older Adults

Informal Caregivers

Service Providers

40.5% from The County of Peterborough

51.6% from The City of Peterborough

Age-friendly Plan Architecture

Values **+** Vision **+** Objective

Action Plan

Goal 1 — Strategy
→ Activity #
→ Activity #
— Strategy
→ Activity #
→ Activity #

Goal 2 — Strategy
→ Activity #
→ Activity #
— Strategy
→ Activity #
→ Activity #

Goal 3 — Strategy
→ Activity #
→ Activity #
— Strategy
→ Activity #
→ Activity #

Goal 4 — Strategy
→ Activity #
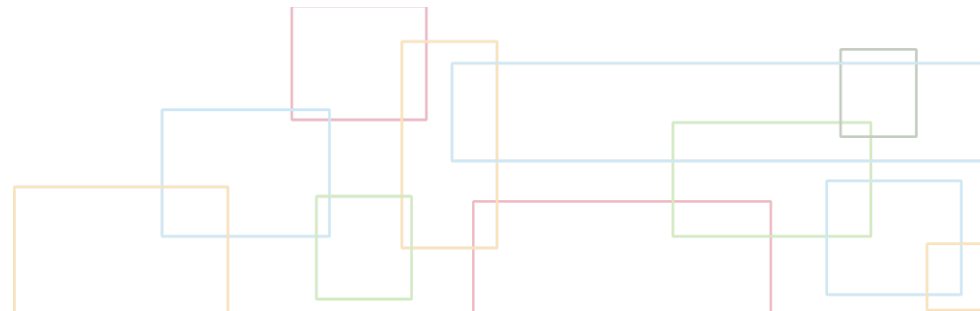→ Activity #
— Strategy
→ Activity #
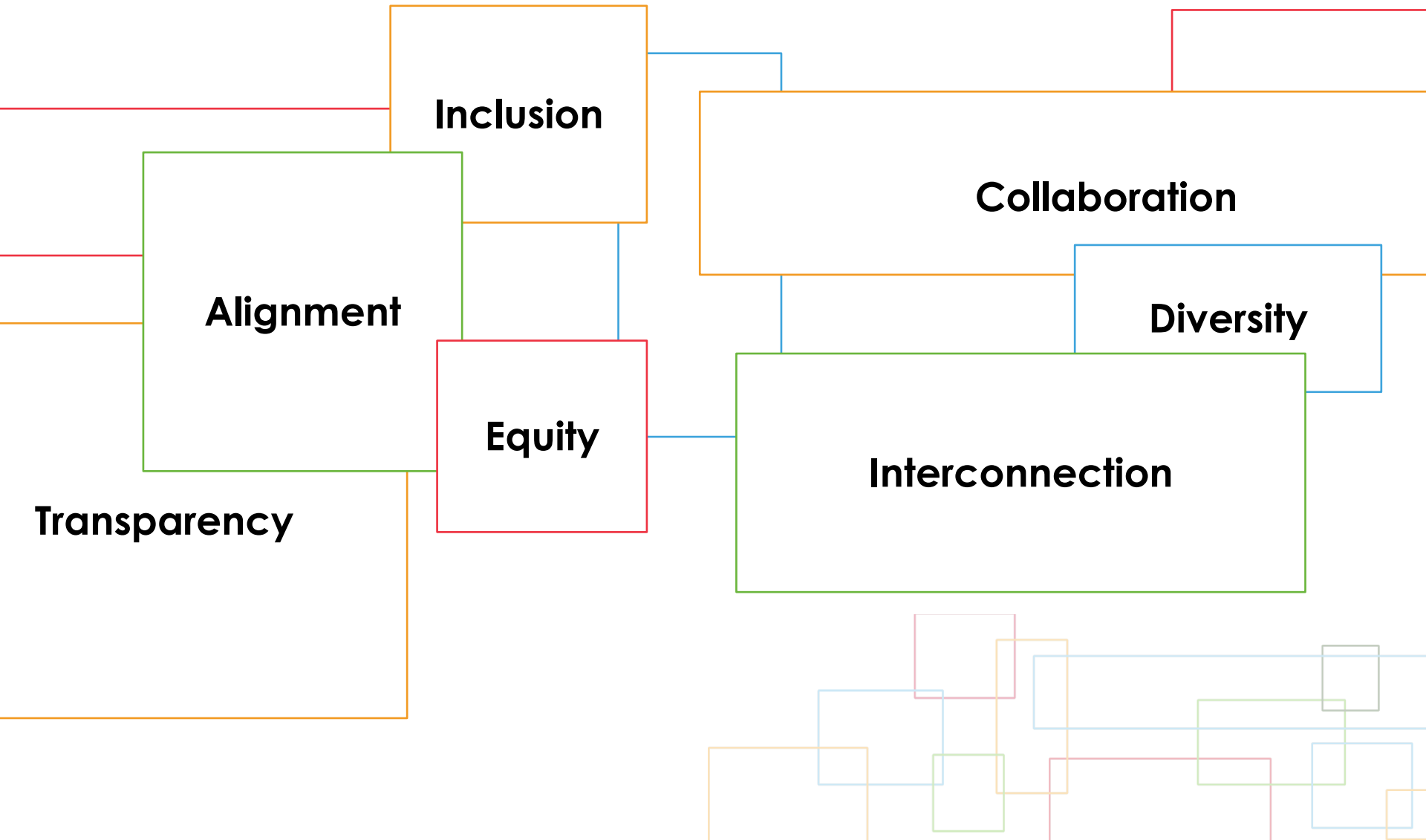→ Activity #

Vision and Objective

Vision

Peterborough is a thriving region that is inclusive, respectful and accessible to people of all ages and abilities.

Objective

The Age-friendly Peterborough Plan will support healthy and active aging; promote intergenerational connections; foster an appreciation of the aging process; and enhance physical, social, and health-related infrastructure.

Values

Inclusion

Collaboration

Alignment

Diversity

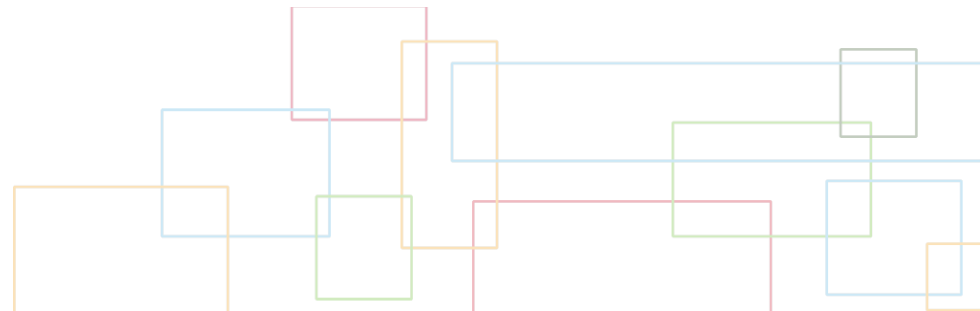Equity

Transparency

Interconnection

Goals

1. Older adults' basic needs are met.

2. Older adults are able to get around the community.

3. Older adults are supported to build and maintain relationships.

4. Older adults have the opportunity to learn, grow, and contribute.

Goal 1 Highlights

1.1 (f)   Support the development of new supportive housing, and co-housing options for seniors.
(City P.D.S; County Townships, ongoing)

1.2 (d)   Research the feasibility of developing a local homeshare program focused on older adults. (T.C.A.S; Medium-term)

1.4 (a)   Implement cultural competency training for health care professionals.
(P.R.H.C; P.F.H.T, N.C.C; short-term)

Full Community Action Plan available at:
www.peterboroughcouncilonaging.ca

Goal 2 Highlights

2.1 (c) Research the feasibility of developing a community ride share program. (T.C.A.S; Medium-term)

2.2 (c) Develop a transit education program that highlights the accessible features of conventional transit, reinforces courtesy seating protocols, and includes free rides. (P.C.O.A; Medium-term)

2.4 (b) Implement continued delivery of, and partnership development for, cycling skills and active transportation workshops accessible to older adults. (GreenUP; short-term)

Full Community Action Plan available at:
www.peterboroughcouncilonaging.ca

Goal 3 Highlights

3.2 (b) Support the installation of new age-friendly features in parks across the region. (City C.S.D, County Townships; Medium-term)

3.5 (d) Develop an education and training program for senior serving agencies and housing facilities to foster LGBTQ positive spaces and services. (P.C.O.A; short-term)

3.6 (b) Develop a program to recognize businesses that have age-friendly practices and features. (P.C.O.A; short-term)

Full Community Action Plan available at:
www.peterboroughcouncilonaging.ca

Goal 4 Highlights

4.1 (a) Develop an inventory of accessible meeting rooms available for public bookings. (P.C.O.A; Medium-term)

4.6 (e) Develop the annual Seniors' Summit as the premier education event for older adults.
(P.C.O.A; ongoing)

4.7 (d) Support ongoing coordination and strategic planning for older adult programming at seniors' activity centres.
(City C.S.D; S.A.Cs; Medium-term)

Full Community Action Plan available at:
www.peterboroughcouncilonaging.ca

Plan Implementation

❑ Council Adoption (Winter, 2017)

    ❑   City, County, Township, First Nations presentations

❑ PCOA Governance Transition (Winter, 2017)

    ❑   New governance structures and processes established
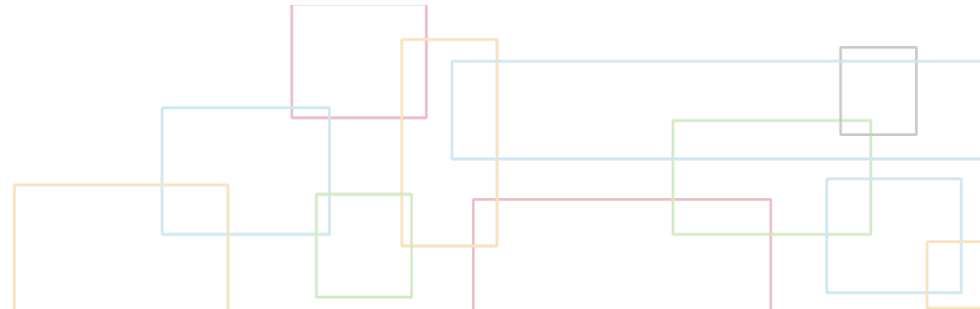
    ❑   Members recruited and selected

❑ Public Plan Launch (Spring, 2017)

❑ Activities Underway (Winter, 2016 on)

    ❑   P.C.O.A activities selected for implementation

    ❑   Partners responsible for activity implementation as feasible

❑ Annual Report Cards

    ❑   Council Presentations

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Thank You.

For more information please visit
www.peterboroughcouncilonaging.ca