

Social Services

Helping people.
Changing lives.

Food Security Report



Food Security and the Municipal Role in Peterborough

Presentation to Committee of the Whole

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Helping people, changing lives.

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Serving Peterborough City & County

Municipal Role

- § Support to emergency food programs
 - § Lighthouse Drop In Centre
 - § One Roof Community Diner
 - § Kawartha Food Share/Food Banks
- § Community Grants and Helping Hands Fund
- § Food Calendar and Community Service Map
- § Sustainable Peterborough
- § Greater Peterborough Area Climate Change Action Plan

A Community Enjoys *Food Security When...*

- All people, at all times, have physical & economic access to nutritious, safe, personally and culturally appropriate foods
- Food is produced in ways that are environmentally sound, socially just, and promote community self-reliance.
- Food is provided in a manner that promotes human dignity.

Peterborough Food Action Network



Peterborough
Public Health

An iceberg floating in a blue ocean under a blue sky with white clouds. The visible tip of the iceberg is on the left, and the much larger, submerged part is on the right. The text is overlaid on the right side of the image.

Food Insecurity

Lack of Affordable Housing

Low Wages and Assistance Levels

Social Exclusion

Growing Income and Wealth Inequality

Low Incomes = Food Insecurity

Food Insecurity = not being able to access healthy foods

11.5%
of Peterborough
households are
food insecure

1 in 4 children in Peterborough live in a
food insecure household



Poverty + Limited Incomes = Food Insecurity



$$\text{\$740} - \text{\$670} - \text{\$291} = \text{\textbf{-\$221}}$$

Monthly income
of a single man
on Ontario
Works, 2014

Market rent
for a bachelor
apartment

Cost of a
nutritious
diet

Amount left over
for transportation,
clothing, medical
and dental costs,
personal care
items, etc.



Peterborough
Public Health

Food Security Continuum

Food in Peterborough



*Short-Term
Relief*

*Building
Capacity*

*System
Change*



Peterborough
Public Health

Local Food Programs and Food Security



Peterborough Public Health and Peterborough Food Action Network

- Appreciate continued commitment of City of Peterborough in addressing food security and movement along the Food Security Continuum
- Request ongoing support to address poverty
 - Critical to help meet people's needs in respectful, inclusive ways that ensure access to nutritious food
- Advocacy for increased income supports will benefit vulnerable residents (housing and access to healthy food)



Peterborough
Public Health

Immediate Pressure in Meal Programs

- § Shortage of volunteers
- § Volunteer burn-out
- § Lack of paid coordination
- § Insufficient resources for food including budget and storage
- § Inability to meet all dietary and nutrition requirements
- § Need for a consistent and accessible location
- § Inadequate kitchen facilities
- § Insufficient hours to operate

New Community Meal Program

Proposed Program Elements

- § One meal every day
- § Open 4 hours to serve as drop in – extended hours during Heat/Cold alerts
- § Funding for staff and roles for volunteers
- § Operate food services employment training program
- § Funding including allowance for food purchasing

Community Consultations

- § Peterborough Food Action Network (twice)
- § Nourish and One Roof Community Diner client surveys
- § Client interviews by Nourish/Social Services start September 7th

Next Steps - Expression of Interest

- § September - Document Circulated
 - § 2 Proponent information meetings
- § Responses required by Closing October 6th
- § Return to Council in November